



**FOR IMMEDIATE RELEASE:**

**Top Athletes Qualify for 2017 Reebok CrossFit Games in Wisconsin**

*Del Mar, California- May 28, 2017-* The top five men, five women, and five teams from this weekend's California Regional are advancing for a chance to be named the Fittest on Earth at the 2017 Reebok CrossFit Games in Madison, Wisconsin, August 3-6. The individual male and female competitors of the CrossFit Games will each be competing to win \$285,000.

The road to the CrossFit Games began in February when over 385,000 athletes from around the world participated in a five-week worldwide Open competition. The top 40 men, 40 women and 30 teams from the Southern California and Northern California Regions were then invited to compete at the California Regional held at the Del Mar Arena in Del Mar, California, May 26-28. The competition consisted of six workouts over the course of three days.

"Our number one goal and priority is sending the fittest athletes from the California Regional to the Games, and I think we achieved that this weekend," says Andy Rios, California Regional Director.

The top five men who will advance to the Games from the California Regional are Josh Bridges, Garret Fisher, Jason Carroll, Jeff Patzer and Wesley Rethwill. Julian Alcaraz, who finished the Regional in fourth place, declined his invitation to the CrossFit Games due to the upcoming birth of his son, giving Rethwill the fifth spot to the Games.

The top five women who will advance to the Games from the California Regional are Chyna Cho, Kirsten Pedri, Alessandra Pichelli, Valerie Voboril and Lauren Fisher. This will be Pedri's first appearance at the CrossFit Games.

The top five teams who will advance to the Games from the California Regional are Norcal, Invictus, Endgame Athletics, Bear Republic CrossFit, and CrossFit ASAP. This will be the Invictus team's record ninth appearance at the CrossFit Games.

CrossFit is a worldwide strength-and-conditioning fitness program whose goal is to prepare you for the unknown and unknowable. A CrossFit workout may contain a

combination of functional movements such as rowing, running, Olympic lifting, plyometrics, and gymnastics. CrossFit's speciality is not specializing in any one facet of fitness and is considered the "sport of fitness." There are almost 14,000 CrossFit gyms worldwide.

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